



# Horizons

Social Services ~ Youth & Family Services  
Family Support Center

SPRING/SUMMER 2011



## DSS Rx-Xpress Bus Schedules Groton Visits for April, May, June

The DSS Rx-Xpress is a mobile, Medicare Rx assistance center operated by the State of CT Department of Social Services and CHOICES: CT's programs for Health assistance, Outreach, Information and referral, Counseling and Eligibility Screening. The bus serves as an additional DSS outreach resource in communities throughout CT, providing eligibility screening for a variety of benefits programs for single persons, families, older adults and persons with disabilities. DSS is committed to having its bus promote equal access to all DSS programs and services.

The DSS Rx-Xpress will be in Groton on the following dates: **April 28, May 26 and June 23**. On those dates, the bus will be located at Groton Human Services, 2 Fort Hill Road, from 10AM – 2:30PM. Due to high demand, **appointments are highly recommended**. Walk-ins are seen only as time permits.

The bus is wheelchair accessible and contains four private work stations with high speed Internet access. An information station on the bus features brochures, applications and forms for various programs administered by DSS and other agencies.

To make an appointment for the bus, please call  
Groton Human Services  
at 860-441-6760.

## 2011 Federal Poverty Guidelines Released

Congress has released the Federal Poverty Guidelines, otherwise known as the Poverty Level, which forms the basis of eligibility for numerous State and Federal programs. The guidelines are as follows:

Persons in Family	Income Level
1	\$10,890
2	14,710
3	18,530
4	22,350
5	26,170
6	29,990
7	33,810
8	37,630
For each additional person, add	3,820

**Groton Human Services**  
2 Fort Hill Road Groton, CT 06340  
860-441-6760

Marge Fondulas	Director of Human Services mfondulas@town.groton.ct.us
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**Groton Social Services**

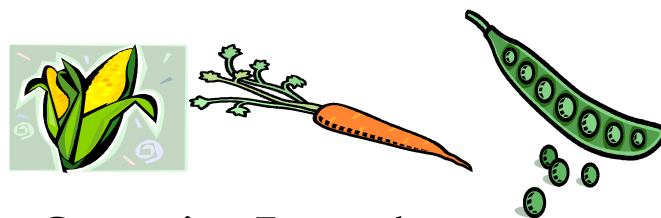
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**Groton Youth and Family Services**

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**Groton Family Support Center**

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**Connecticut Farmers'  
Market Voucher Books will be  
Distributed Mid-Summer at Groton  
Human Services**

As in past summers, Farmers' Market Vouchers will be available this year at Groton Human Services. It is anticipated the vouchers will be received in early to mid July. Each coupon book will contain five (5) three dollar (\$3) vouchers. One voucher book per person, per season, will be distributed to eligible Town residents who are age 62+ and who live in subsidized housing and/or subscribe to congregate meals and/or participate in the Tax Rebate Program for Elderly and Totally Disabled Renters. The vouchers are redeemable at any Farmers' Market operating in the State of CT. The Groton Farmers' Market is located in the plaza adjacent to the Groton Post Office. The Farmers' Market Voucher Program is overseen by the CT Department of Agriculture. For more information about the program and the availability of voucher books, please call 860-441-6760.

**FREE COUNSELING  
FOR  
CHILDREN AND YOUTH  
IS AVAILABLE AT GROTON  
YOUTH AND FAMILY  
SERVICES ~ 2 FORT HILL  
ROAD, GROTON  
860-441-6760**

Please call for more information. We are available Monday through Friday, 8:30-4:30. Town of Groton  
Dept. of Human Services



## Pet Vaccination/Sterilization Program Offered to Low-Income Connecticut Residents

Eligibility for DSS Programs Qualifies Pet Owners

Vaccination/Sterilization voucher benefits are being provided for low-income CT citizens who meet the criteria for one of seven programs operated by the State Department of Social Services (DSS). The qualifying DSS-administered programs are: SNAP (food stamps), Medicaid, SAGA/LIA, TFA, HUSKY A, Care 4 Kids and State Supplement. Pet owners who qualify are required to complete a Low-Income Pet Sterilization Application and submit it to the Animal Population Control Program, 165 Capitol Avenue, Hartford, CT 06106. Approved applicants will be eligible to receive up to two vouchers for vaccination/sterilization per household. The vouchers allow up to \$50 for a male cat, \$70 for a female cat, \$100 for a male dog and \$120 for a female dog. The voucher also provides for one rabies and one distemper combination vaccination, available ONLY when the pet is sterilized. For additional information, contact the Dept. of Agriculture, 1-800-861-9939 or Groton Human Services, 860-441-6760.

## Groton Human Services Continues Its Child Abuse Prevention Initiative

### Poster Contest for Third Graders Leads to a Popular Calendar



April is National Child Abuse Prevention Month and Groton Human Services has led the Town's Child Abuse Prevention Initiative for over ten years. "Drawing Wisdom From Kids" is the name of the calendar created by Human Services, featuring drawings produced by Groton Third Graders. The students are asked to depict what it means to feel safe, loved, special, im-

portant and happy in their home, school and community. Close to 500 posters are submitted by the students in all the Groton elementary schools and Sacred Heart School and twelve drawings are selected for the calendar. An award ceremony to honor the winning child artists will be held on April 8, 6-7:30PM, at the Human Services Building. Mayor James Streeter will be the Master of Ceremonies and Susan Morehouse, Principal of Mary Morrisson School, will help hand out the awards to the students. Refreshments will be served and the winning posters will be displayed for everyone to enjoy—and learn from.

## IDENTITY THEFT- IMPORTANT NUMBERS TO KEEP ON HAND!

### CT Consumer Law Project for Elders

1-800-296-1467

### Federal Trade Commission

1-877-438-4338

### Equifax

1-800-525-6285

### Experian

1-888-397-3742

### TransUnion

1-800-680-7289

## TO REPORT IDENTITY THEFT:

1. Contact ONE of the three major credit reporting agencies (Equifax, Experian or TransUnion) to place a **FRAUD ALERT** on your credit reports. The company you call will alert the other two on your behalf. A fraud alert requires you to be notified if someone attempts to obtain credit in your name. It is effective for 90 days and can be extended.
2. File a report with your local Police Dept.
3. Contact the Customer Service Fraud Unit of each of your creditors (bank, credit cards, etc.)
4. Notify the Social Security Admin Fraud Line if you believe your Social Security number is being used fraudulently- 1-800-269-0271.
5. If an item you do not recognize shows up on your credit card statement, write a letter to the credit card company disputing the bill.
6. Consider placing a **SECURITY FREEZE** (\$10 to place; \$12 to lift) on your credit reports; this prevents the release of any information/credit score and remains in place until you lift it. To place a FREEZE, contact EACH of the 3 major credit reporting agencies.

Info source- CT Legal Services- Consumer Law Project

# Information and Resources



**There are many State and Federal human service programs available for people who live in Connecticut.**

By answering just a few questions on the CT. Association for Community Action's BENEFITS CALCULATOR, you can see if you may be eligible to get help with groceries, school lunches, your doctor bills, medications, heating costs, or even money for some of your day to day living expenses. Based on the information you provide, ABC will help you start the process on how to receive benefits. This includes connecting you to local resources to assist you in completing applications for help. To get started, visit CAFCA's website at <http://cafcalcaculator.cafca.org/>

KEEP IN MIND that ABC does not determine exact eligibility but it will give you a very good idea of any benefits available to you.



CHOICES helps CT's older adults and other people with Medicare understand their Medicare coverage and healthcare options. CHOICES is located at Senior Resources/Area Agency on Aging, 4 Broadway, Norwich, CT 06360. Call 860-887-3561, [www.seniorresourcesec.org](http://www.seniorresourcesec.org)

## **HOMEWARD BOUND TREASURES. . .**

### **Donate - Shop - Give Hope**

The New London Homeless Hospitality Center, Inc., offers a thrift shop at 35 Golden Street in New London. All proceeds of the shop go towards programs for the homeless in our area. **ALL DONATIONS ARE TAX DEDUCTIBLE!** The shop accepts donations of new or used furniture, small appliances and electronics—almost anything in **GOOD** condition. The shop will pick-up donations and deliver purchases. Shop Hours: Monday – Friday, 11AM-5PM. Telephone: 860-444-8800; [hbtreasures@yahoo.com](mailto:hbtreasures@yahoo.com)

## **Groton's Family Support Center**

A local resource for parents and caregivers who need support and guidance as they tackle the toughest job of all—**Parenting!** We're located at the Human Services Building, 2 Fort Hill Road, Groton. Please call 860-441-6769 for more information.

**NEED FOOD?**  
**THE GROTON FOOD  
LOCKER CAN HELP!**  
Call 860-441-6760

## **Understanding Addiction and Recovery: A Series for Members of the Community, People in Recovery and Their Families**

This spring, Groton Human Services will again be presenting an alcohol and drug addiction education and support program for members of the community, people in recovery and their families. The FREE, four-week series will include video clips from the HBO Addiction Series along with discussions about the progression of addiction, nature vs. nurture, triggers and cravings and the continuum of recovery. Join us for one or all four sessions, Tuesday evenings, April 12, 19, 26 and May 3, 5:30-7:30PM. The series will be held in the Community Room at Groton Human Services, 2 Fort Hill Road, Groton, CT. A light supper will be served. REGISTRATION IS REQUIRED. To register or to obtain more information, please call Groton Human Services at 860-441-6760.

## **DO YOU QUALIFY FOR THE EARNED INCOME TAX CREDIT (EITC)?**

The Earned Income Tax Credit (EITC) is designed to reduce the tax burden on low and moderate income workers and to supplement their wages. In recent years, CT tax filers claiming the EITC have received an average tax credit of over \$1800 on their Federal taxes. Who is eligible for EITC:

~ Eligibility is determined based upon earnings, filing status and eligible children.

~ Workers who earned \$48,362 or less from wages last year could receive larger refunds if they qualify for EITC.

~ Taxpayers must file a tax return, even if they don't have a filing requirement, and specifically claim EITC.

~ The maximum credit is \$5666 for workers with 3 or more qualifying children. For more information on the EITC dial 2-1-1 or visit [www.211ct.org/taxes](http://www.211ct.org/taxes) In Groton, tax assistance is available through TVCCA's VITA program, offered at the Groton Senior Center, Mondays, 5:30-8PM,

through April 11. The VITA program is free-of-charge but appointments are mandatory. Call 860-441-6785 to make an appointment. (EITC info source: CT Assoc. for Human Services/CABHN- Feb 2011)

## **Groton's Tax Rebate Program for Elderly and Totally Disabled Renters**

Connecticut State law provides direct, partial reimbursement of rent and utility bills paid by eligible elderly and totally disabled renters whose qualifying incomes do not exceed \$32,300 if single and \$39,500 if married. Recipient or spouse must be 65 yrs of age or older (as of 12/31/10) or be 50 years of age or older and the surviving spouse of a renter who at the time of the renter's death had qualified and was entitled to tax relief provided such spouse was domiciled with such renter at the time of the renter's death; renters who are 18 years of age or older and permanently and totally disabled also qualify. Persons renting an apartment or room, living in cooperative housing or a mobile home may be eligible for this program. Renters' rebates can range up to \$900 for married couples and \$700 for single persons. The rebate amount is based on a graduated income scale and the amount of rent and utility payments (excluding telephone) made in the calendar year prior to the year in which the renter applies. Groton Human Services will be taking applications, by appointment only, on behalf of eligible Groton renters from May 16- September 15, 2011.

### **WHAT YOU NEED TO APPLY:**

- Copy of 2010 Income Tax, if filed
- Copy of Lease, rent receipts or 2010 check register
- Verification of all utility bills paid in 2010
- Copies of ALL 2010 income, including wages, SSA-1099, pensions, interest, etc.

**Please call Groton Human Services at 860-441-6760 for more information.**

## **GROTON'S FOOD LOCKER NEEDS YOUR HELP!**

**Please consider donating canned, non-perishable food items or making a cash donation, payable to the Groton Food Locker. Call 860-441-6760 for more info.**

## **Connecticut Legal Services Provides Information on Living Wills**

**WHAT IS A LIVING WILL?** In Connecticut, the legal document that expresses your wishes concerning health care is called a “living will.” The living will states your wishes regarding life-support systems and heroic measures in the event you become terminally ill or permanently unconscious and unable to communicate. It allows you to express your wishes concerning any and all health care decisions, including life-support systems, surgery, antibiotics and other medical treatments.

**HOW DOES A “DO NOT RESUSCITATE ORDER” (DNR) RELATE TO A LIVING WILL?** A DNR reflects a doctor’s instruction to staff and or emergency medical technicians that cardiopulmonary resuscitation (CPR) should not be administered if you experience cardiac arrest. Any DNR order that is made should be consistent with the wishes you express in your living will.

**MUST I HAVE A LIVING WILL?** No. Hospitals and nursing facilities are required by a Federal law known as the Patient Self-Determination Act to ask upon admitting you as a patient if you have a living will or wish to execute one. But, they cannot require you to sign a living will to receive care.

### **WHY SHOULD I HAVE A LIVING WILL?**

To make sure your wishes are followed regarding medical care at the end of your life. A living will relieves your loved ones of the burden of making end-of-life decisions for you, without knowing your specific wishes. A living will also enables your doctor to follow your instructions-- Without a living will, a doctor may be concerned that it might constitute medical malpractice if he/she withholds or removes treatment. Lastly, a living will prevents a protracted probate battle, which might occur if there is disagreement between your family and medical care providers as to what care is provided for you or withheld.

**WHEN SHOULD I SIGN A LIVING WILL?** You should create and sign your living will at any time you are mentally capable of understanding what you are doing, long before you are in a crisis situation and after you’ve thought about what you want for yourself. Prior to creating and signing a living will you might wish to speak with trusted advisors such as your spouse or life partner, family, close friends, clergy, your doctor or a lawyer.

**HOW CAN I MAKE SURE THAT MY WISHES ARE FOLLOWED?** Connecticut law enables you to appoint a trusted individual to be your Health Care Representative to convey to your doctor the wishes that you express in a living will. First and foremost, be sure to let the person you’ve selected know that you have given him/her this responsibility and provide him/her with a copy of your living will.

More information is available at CT Legal Services: 860-447-0323 or via the web at [www.ctelderlaw.org](http://www.ctelderlaw.org)

### **Connecticut Legal Services’ Consumer Law Project for Elders**

**FREE LEGAL HELP FOR SENIORS, AGE 60+,  
WHO HAVE CONSUMER RIGHTS  
QUESTIONS  
-NO INCOME RESTRICTIONS-**

**STATEWIDE HOTLINE  
1-800-296-1467**

- ◆Billing, debt or collection problems
- ◆Identity Theft
- ◆Disputes over goods and services
- ◆Problem with Contract or Contractor
- ◆Considering Bankruptcy
- ◆Unfair loans

## Groton's Human Services Department

### *A History of Helping*

Throughout our state, there are vast differences in the way municipalities acknowledge and/or care for their citizens in need. In our immediate area, Groton, Stonington and Norwich lead the way, with long-established and comprehensive Human Services Depts.

The Town of Groton initially created its **"Welfare Department"** in 1957, in response to the State's statutory mandate that Towns provide General Assistance to eligible residents. Over the years, additional, supplemental services, which reflected emerging, identified needs of its citizens, were added to Groton's Human Services pallet.

The **Elihu Spicer Fund** was established by the Town of Groton in 1979 as a result of a stipulated judgment from Superior Court. The judgment, arising from a lawsuit which claimed the Town had built public buildings on property originally deeded as the Town's "poor farm," required the Town to create a trust fund in the amount of \$196,995 for the "benefit, maintenance and support of the poor residents of the Town of Groton and such other residents as said Town is or may be legally liable to support." Subsequently, the interest and/or principal of the Spicer Fund are available for distribution, via Groton Human Services, to eligible Town residents with identified needs whose income falls within 175% of the Federal Poverty Level, determined annually by Congress. Each year, the Groton Town Council authorizes an appropriation from the Spicer Trust that is to be used by Human Services to provide assistance with rent, utility bills, dr. bills, prescriptions and other special care items for eligible citizens in need. Annual assistance expenditures from the Spicer Fund average \$22,000.

In 1982, Groton Social Services relocated from the basement of Town Hall to the Community Services Building at 2 Fort Hill Road. That same year, the **Groton Food Locker** was created, under the auspices of the Mystic Congregational Church, which retains fiduciary responsibility for the food locker. The food locker, located in the basement of what is now known as the Human Services Building, is a continuing and primary resource for eligible Groton residents who are in need of temporary, emergency food assistance.

**Groton Youth and Family Services** became part of the Town's newly-named Department of Human Services in 1992. Prior to 1992, Youth and Family Services had been associated with Groton Parks and Recreation for several years and, prior to that, Groton had been served by the quasi-private Groton-Stonington-Ledyard Youth Services Bureau. Throughout its history, Groton Youth Services, now known as Groton Youth and Family Services, has been partially funded by a cost-sharing grant from the State of CT. The State established funding for municipal youth services programs in the 1970's, in response to an identified, State-wide need for "community-based...prevention and intervention programs" for youth.

In 1993, the **Groton Family Support Center (FSC)** was established with full grant funding from the State of CT Department of Children and Families. Per State directive, the FSC was to be community-based, preferably in a low-income neighborhood, where clients could easily access the FSC's services. After Groton had established an effective and successful FSC operation with two sites located, respectively, in Groton City and Groton Town neighborhoods, State funding was suddenly withdrawn from all State-wide FSC's. Rather than cut off FSC services to residents, Groton opted to continue its FSC as a municipally funded operation but scaled it down to one site and redirected funding within the Human Services budget to provide the FSC programs and services.

[Groton Utilities \(GU\)](#) contacted Groton Human Services in 1994 with a proposal to provide a financial assistance program, administered by Groton Human Services, for eligible GU customers who were at risk of electric shut-offs resulting from non-payment of GU bills. Groton Utilities provided a start-up payment of \$2000 for the **GU Energy Assistance Program (GAP)** and made a commitment to solicit program donations from its customer base, matching all donations at fifty cents to the dollar. GAP remains a significant source of assistance to eligible GU customers facing shut-offs and Groton Utilities has remained a steadfast partner with Groton Human Services in this initiative.

In 1997, the Town of Groton formed a partnership with **Mystic Area Shelter and Hospitality**, (MASH) in order to meet the needs of area homeless families. Groton Human Services provided three founding MASH Board members, in-kind case management services for shelter residents from Groton and was also instrumental in guiding the newly-formed MASH organization in acquiring and maintaining its first shelter site, located in an apartment complex in the City of Groton.

The **State's take-over of the General Assistance Program** in 1998 released all of Connecticut's 169 Towns from the responsibility for administering General Assistance. Many Towns took advantage of this change in State law to close their doors to local citizens in need, assuming the State would take care of everyone. As part of the State's take-over, however, GA guidelines were tightened and numerous people experienced decreased assistance grants, reduced eligibility periods and/or were dropped from the "rolls" all together. Groton, Norwich and Stonington had the foresight to realize that people in need in their respective communities would still need services, because jobs were hard to come by, training programs were few and far between and transportation and childcare problems compounded the situation. The State could not be all things to all people and local residents continued to need case management and advocacy services in addition to emergency food and financial assistance, made available through donated, grant and special funds.



## Groton's Tax Deferral Program

Deferral of Real Estate Property Taxes  
In Accordance with  
CT General Statutes, Sec 121-124a

The Groton Town Council approved (TC Resolution February 2002) the Tax Deferral Program to afford eligible Groton residents the opportunity to partially pay their real estate taxes and defer the remaining balance of taxes due.

### TO QUALIFY FOR THIS PROGRAM YOU MUST MEET THE FOLLOWING CRITERIA:

- Residence must be an owner-occupied home
- Town Real Estate Tax must exceed 8% of gross household income
- The mortgaged amount of the real estate must not exceed 70% of the appraised value of the property. (NOTE: This program will place a Tax Deferral Lien on the property; however, this lien will not take precedence over any existing mortgage liens.)

All taxes and charges must be current. (NOTE: Any property that has delinquent taxes will not be considered for this program.)

### PROGRAM BENEFITS:

- Helps taxpayer to stabilize tax obligation
- Maintains taxpayer's dignity
- Enhances recovery to on-time taxpayer status
- Partially defers current taxes
- Lawfully reduces interest on deferred taxes

### WHAT YOU NEED TO DO IF YOU ARE INTERESTED IN THIS PROGRAM:

- Complete an application that is available at Groton Human Services, Community Development or the Finance Department. (NOTE: Applications must be completed PRIOR TO JUNE 1 of each year. After the mill rate has been set, you will be informed if your application meets the requirements of the tax deferral program. Have the application witnessed and notarized)

- Attach a description of your real property (NOTE: Your property Deed has the necessary description.)

If you have a mortgage on your real estate, have the bank write a statement that your property is not mortgaged for more than 70% of the value of your property. Provide income documentation from the previous year - (Examples: Forms 1099 and 1040, Social Security and Pension statements, income from all household members, etc.)

**PLEASE REMEMBER: TAX DEFERRAL APPLICATIONS MUST BE COMPLETED NO LATER THAN JUNE 1.**

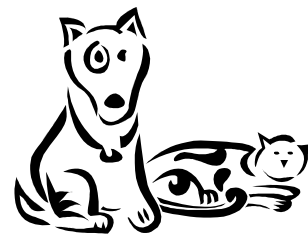
**Please contact Groton Human Services - 860-441-6760, Groton Community Development - 860-446-5970 or Groton Finance Department - 860-441-6690 for more information or to complete an application.**

### GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

FIRST THURSDAY OF EACH MONTH, 6:30 to 8:00 PM

Enjoy guest speakers, receive answers to your questions, find resources, share stories and receive support and encouragement from other grandparents in the area who are dealing with similar circumstances. FREE child care available during group. Special events such as holiday party and summer picnic are included. Please call 860 441-6760 for more information and to register for the group. ~ SEE YOU THERE! ~

Groton Pet Food Locker  
Located at Groton Human Services  
2 Fort Hill Road, Groton



Pet Food is available for puppies and dogs, kittens and cats.  
All pet food is donated and quantities may be limited  
If you are in need of food for your pets, please call 860-441-6760

**OIC Offering Job Skills Training  
Opportunities Industrialization Center  
of New London County, Inc.  
Operates Year-Round Job-Training Programs**

OIC is a private, non-profit organization located at 106 Truman Street in New London. OIC offers short-term job skills training in the following areas, all of which are Certificate Programs:

- ~ Computer and Career Training
- ~ Office Skills and Word Processing Training
- ~ Certified Nursing Assistant
- ~ Introduction to Culinary Arts

All applicants for training programs at OIC must have their high school diploma or their GED. Once you have been accepted into an OIC training program, you will need to pay a \$30 non-refundable materials fee.

For further information, please call OIC at 860-447-1731; [www.oicnlc.org](http://www.oicnlc.org)

## **Divorce and Kids – Getting Through It**

Constance Ahrons, author of, “We’re Still Family,” (NY: Harper Collins, 2004) has studied children of divorce for over twenty years and has determined that children are able to adapt to their parents’ divorces. According to Ms. Ahrons, telling children in advance about the planned separation or divorce is the first step in helping them understand what’s happening and when. When told, children will want to know how their lives are going to change; they will want to know how they will be cared for, where they will live and if/how they will continue to see both parents. It is suggested that children under age 7 should not have too much advance notice of a separation or divorce because it may raise the fear in the child that he/she did something to make a parent leave. Young children also fear that if parents stopped loving each other, they will also stop loving them. Older children prefer to be told of the divorce directly and in advance. Don’t make your children decide with whom they will live.

This is not usually asked of children under the age of 12 and children resent being put in the position of making a choice; children want to live with both parents. If parents cannot come to an agreement, working with a mediator before going to court may help. The best buffer for children is having two loving parents who shield them from conflict. Teens also find friendships a very helpful buffer. Siblings may differ in response to their parents’ divorce but a sibling relationship may also help children get through a divorce. It is suggested that where cooperative parenting is not possible, it is best to avoid destructive conflict, even if that means little interaction between the parents. When they are forced to live in reduced economic circumstances, children’s relationships with their parents suffer. Many households are fueled by two parent incomes and when a divorce occurs, the financial repercussions can be significant. Extracurricular activities that used to exist for the children may no longer be affordable. Paying rent and putting food on the table may suddenly loom as major hurdles as household income is reduced and child support may be slow in starting and/or inconsistent.

## **We can Help. . . .**

- **Groton Youth and Family Services** offers short term counseling for children and youth that can help them cope with their mixed emotions following their parents’ separation and divorce.
- **The Groton Family Support Center** can help parents stay focused on positive parenting in the midst of separation and divorce.
- **Groton Social Services** can help families explore the various financial and other assistance programs that may be available to prevent utility shut-offs, eviction or no-heat situations. The SNAP/Food Stamp Program may be an option as well as other nutritional programs such as WIC- Women, Infants and Children’s Nutrition Program- operated in this area by TVCCA, Inc.

**Please call 860-441-6760  
for more information**

# **YOUR ELECTED OFFICIALS**

## **Groton Town Council Members**

James L. Streeter, Mayor	860-445-5417	jimstreetr@aol.com
Deborah B. Monteiro	860-445- 5199	debmonte@tvconnect.net
Bruce S. Flax	860-536-3532	bsflax@aol.com
Catherine Kolnaski	860-445-5111	
Frank O'Beirne, Jr.	860-536-7179	mickobeirne@aol.com
Harry A. Watson	860-445-4357	hwatson5866@yahoo.com
Paulann H. Sheets	860-536-2152	paulann.sheets@gmail.com
Deborah L. Peruzzotti	860-446-8394	dperuzzotti@yahoo.com
Bill Johnson	860-961-3782	billjohn@aol.com

**US Senator Joseph Lieberman (D)**  
860-549-8463 or 1-800-225-5605    lieberman.senate.gov

**U.S. Senator Richard Blumenthal (D)**  
860-258-6940    richard\_blumenthal@blumenthal.senate.gov

**U.S. Representative Joseph Courtney (D)**  
860-886-0139    joe.courtney@mail.house.gov

**18th Senatorial District State Senator Andrew Maynard (D)** Legislative Office Building, Rm 3000, Hartford, CT 06106-1591  
Maynard@senatedems.ct.gov

**40th Assembly district Rep. Edward Moukawsher (D)**, 48 W. Elderkin Ave. Groton CT 06340 860-448-0708, 860-446-1886

**41st Assembly district, Rep. Elissa Wright (D)**, 51 Pearl St., Noank, CT. 06340 860-536-1813, 860-240-8585, 1-800-842-8267  
Elissa.Wright@cga.ct.gov